

BOY SCOUT TROOP 186
Winter Packing List

Read chapter 8, "Trailhead," of your *Boy Scout Handbook* (starting on page 196) to learn why the following gear is recommended. There is a short, incomplete packing list on page 204.

AVOID CLOTHING WITH COTTON CONTENT, WHICH LEADS TO HYPOTHERMIA!

Please make sure you pack ALL of the following items:

Bring your Class-A uniform.

- _____ warm winter coat with hood
- _____ warm winter knit hat
- _____ warm winter gloves (2 PAIRS!)
- _____ rain gear (DO NOT FORGET)
- _____ sweater, fleece, or sweatshirt
- _____ long johns
- _____ long pants – 2 pairs (*avoid jeans or other cotton!*)
- _____ extra long-sleeved shirt
- _____ 2 sets of extra underwear
- _____ sleeping pants and shirt
- _____ 3 pairs wool/blend winter socks (1 just for sleeping)
- _____ knit hat for sleeping
- _____ insulated, warm winter boots (preferably water proof)
- _____ extra pair of boots or warm shoes
- _____ sleeping bag w/fleece bag line and/or extra blanket
- _____ foam sleeping pad (closed-cell type)
- _____ pillow and pillowcase
- _____ flashlight w/extra NEW batteries
- _____ pocket knife & Totin' Chip card
- _____ compass
- _____ towel, washcloth, toothbrush/paste, soap, toilet paper
- _____ personal first aid kit (keep it simple)
- _____ mess kit (or plate & cup) knife, fork, spoon
- _____ small day pack
- _____ plastic canteen or water container (2/3 full or less)
- _____ matches in waterproof container
- _____ *Boy Scout Handbook*, notebook paper, pen or pencil
- _____ camera and film (optional)
- _____ advancement needs or items/supplies
- _____ money for trading post/patch auction
- _____ any assigned patrol equipment (flag, etc.)
- _____ kindling/tinder & dryer lint (for competition: 1 per patrol)
- _____ rope, 2-foot length (for competition)
- _____ flint & steel (for competition: 1 per patrol)

Patrols will be required to have knowledge of orienteering, compass use, knots, first aid, and fire building. Scouts should wear warm, layered clothing with minimal cotton content. Pack all gear (except sleeping gear) in a soft duffel bag to be placed in the Troop Trailer.

Troop prohibits bringing personal snacks, carbonated beverages, electronic items, lighters or aerosol cans.